

DECLARATION BY THE RESEARCH SCHOLAR

I do hereby declare that the thesis entitled “**ISOLATED AND COMBINED EFFECTS OF YOGIC PRACTICES AND AEROBIC EXERCISES ON SELECTED PHYSICAL FITNESS PHYSIOLOGICAL PSYCHOLOGICAL AND SKILL PERFORMANCE VARIABLES OF WOMEN BASKETBALL PLAYERS**” submitted for the award of the degree of Doctor of Philosophy in Physical Education to Tamil Nadu Physical Education and Sports University, Chennai, is the original work carried out by me under the guidance and supervision of **Dr. AMSA NATARAJAN**, Principal, Sri Sarada College of Physical Education for Women, Salem -16. I further declare that this work has not been submitted earlier in full or in part to any university for the award of any other degree or diploma.

Station: Chennai

Date:

(S.EZHILARASI)